

Check the list below for specific items to bring to your workshop. For all workshops we recommend that you wear **comfortable, warm, layered clothing and bring a journal, pen, water** and pillow to sit on if you would like. Chairs are available in every workshop. Bring an open mind and curiosity to explore the gifts these presenters have to offer!

Rooms will be posted at registration.

Date:	Time:	Presenter	What to bring and material fee
2/17	9:30 - 12:30	Coleen Renee	an item to place on the altar that represents you.
2/17	9:30 - 12:30	Rebecca Gould	a cushion and anything else that will make it more comfortable to sit on the floor
2/17	9:30 - 12:30	Carrie Lafferty	blanket/mat to lie on
2/17	9:30 - 12:30	Sunny McMillan	nothing additional
2/17	14:30 - 17:30	Stephanie Frykholm & Robin Dunn	\$3 material fee
2/17	14:30 - 17:30	Vicki Todd & Kym Gordon-Cumbo	\$5 material fee
2/17	14:30 - 17:30	Rose Harrow	nothing additional
2/17	14:30 - 17:30	Sarah Peyton	nothing additional
2/17	9:00 - 9:30	Emily Imani Rose Quartz	Color full scarf if they have one and I will provide some dance scarfs
2/18	9:30 - 12:30	Jennifer Evans	nothing additional
2/18	9:30 - 12:30	EagleSong Gardener	\$5 material fee; playfulness and wonder
2/18	9:30 - 12:30	Nancy Vedder-Shults	nothing additional
2/18	9:30 - 12:30	Ali Eden Ersfeld	A yoga mat if they would like (not mandatory) and any other yoga props they enjoy using.
2/18	14:30 - 17:30	Colleen Haggerty	\$10 material fee
2/18	14:30 - 17:30	Veronica Fernmoss	a pillow to sit on
2/18	14:30 - 17:30	Wendy Williams	yoga mat/ blanket to meditate
2/18	14:30 - 17:30	Heidi Connolly	\$1 material fee